Øreklinikken

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No.1

Middle ear ventilation tubes

This guide is a supplement to the verbal instructions you have already received by the clinic staff.

Anesthesia:

The sedation is performed by an experienced anesthesiologist. You can accompany your child until he/she is asleep. During the surgery you can stay in the waiting area.

Surgery:

The surgery is performed with a small cut in the ear drum. Fluids og pus is drained from the middle ear, and a ventilation tube is inserted in the ear drum. The ventilation tube will relieve symptoms of pressure from fluid or infection in the middle ear.

After the surgery:

Once your child is sufficiently awake to breathe on its own, he/she will be taken to the post-operation room under the care of a trained nurse. You can sit next to your child while he/she becomes fully awake. There may be other children and parents in the post-operation room.

At home again:

Your child may experience mild symptoms of pain from the ears, if needed you can relieve the pain by giving Paracetamol. Some fluid might come out of the ear canal for the first 24 hours after tube insertion, this is a normal reaction. You have been scheduled an appointment for post-operation check up within the first few days after surgery.

Complications:

After tube insertion it may be necessary to clean the ears in case of a long-lasting ear effusion. During this procedure our nurse will stabilize your childs head. Ears with effusion if sign of infection and can be cleaned at home with drops of salt water and/or prescription antibiotics. You should contact the clinic if you experience effusion from your childs ears.